1  
00:00:02,780 --> 00:00:04,059  
好了，各位同学们  
  
2  
00:00:04,340 --> 00:00:06,820  
咱们继续聊聊金匮要略  
  
3  
00:00:07,810 --> 00:00:10,970  
今天呢，我们讲到了最后一章啊  
  
4  
00:00:11,090 --> 00:00:11,810  
22章  
  
5  
00:00:12,530 --> 00:00:17,710  
按照不包括后头的很多复方的话啊  
  
6  
00:00:17,950 --> 00:00:19,310  
这个就是最后一章了  
  
7  
00:00:20,150 --> 00:00:24,510  
我们将分两次把内容说完啊  
  
8  
00:00:24,510 --> 00:00:25,830  
今天我们讲前半部分  
  
9  
00:00:26,630 --> 00:00:29,310  
首先呢，同学们先看一下前三条  
  
10  
00:00:30,500 --> 00:00:31,820  
妇人热入血室  
  
11  
00:00:33,100 --> 00:00:35,420  
当然从这个条文来看啊  
  
12  
00:00:35,420 --> 00:00:37,420  
我们大家都不陌生啊  
  
13  
00:00:37,420 --> 00:00:39,060  
因为他是从哪挪过来的呀  
  
14  
00:00:40,450 --> 00:00:42,050  
伤寒啊  
  
15  
00:00:43,050 --> 00:00:44,050  
那么现在教材呢  
  
16  
00:00:44,050 --> 00:00:45,050  
把它归到邵阳篇  
  
17  
00:00:48,740 --> 00:00:50,540  
我们看看三个条文  
  
18  
00:00:52,240 --> 00:00:56,840  
所谓妇人中风78日蓄来寒热发作有时  
  
19  
00:00:57,480 --> 00:00:58,320  
那么后头呢  
  
20  
00:00:59,330 --> 00:01:01,210  
这句话是他的眼目  
  
21  
00:01:01,610 --> 00:01:03,010  
叫经水，是段  
  
22  
00:01:04,160 --> 00:01:05,280  
从前面来说  
  
23  
00:01:06,300 --> 00:01:08,340  
中风78日寒热  
  
24  
00:01:08,660 --> 00:01:14,100  
有时这个属于正常来说中风伤寒的常态  
  
25  
00:01:14,840 --> 00:01:15,400  
但是呢  
  
26  
00:01:15,560 --> 00:01:19,960  
正好恰巧赶上了经水市段啊，是什么意思呢  
  
27  
00:01:20,470 --> 00:01:23,110  
月经刚刚结束啊  
  
28  
00:01:23,190 --> 00:01:23,990  
刚刚结束  
  
29  
00:01:24,720 --> 00:01:29,120  
那么这种情况此为热入血室  
  
30  
00:01:30,680 --> 00:01:33,400  
那么首先就给你讲了一个概念，叫热入血室  
  
31  
00:01:34,640 --> 00:01:35,680  
雀氏这个词呢  
  
32  
00:01:36,280 --> 00:01:41,860  
那么从伤寒金匮较早出现什么意思啊  
  
33  
00:01:42,460 --> 00:01:43,180  
什么叫血史  
  
34  
00:01:43,180 --> 00:01:44,060  
其实这很简单  
  
35  
00:01:45,220 --> 00:01:46,340  
我们现在来说  
  
36  
00:01:47,430 --> 00:01:52,590  
女子包包卖包氏  
  
37  
00:01:53,590 --> 00:01:55,190  
现代人称之为子宫  
  
38  
00:01:55,350 --> 00:01:56,110  
当然子宫呢  
  
39  
00:01:56,110 --> 00:01:57,830  
他，他是一个解剖学的概念  
  
40  
00:01:58,350 --> 00:02:01,590  
呃，我们说中医这里头它要比他的概念要大  
  
41  
00:02:02,110 --> 00:02:07,700  
它既有形态层面的子宫附件、输卵管这一系列  
  
42  
00:02:08,220 --> 00:02:11,180  
也包括经脉层面的啊  
  
43  
00:02:11,220 --> 00:02:12,780  
那么我们说胞脉对吧  
  
44  
00:02:12,780 --> 00:02:16,340  
甚至包脉之中，它有一些奇经八脉  
  
45  
00:02:16,340 --> 00:02:17,820  
跟它还是相关联的  
  
46  
00:02:18,350 --> 00:02:19,670  
关联比较深刻的  
  
47  
00:02:19,710 --> 00:02:22,390  
比如冲仁督啊  
  
48  
00:02:23,110 --> 00:02:26,070  
那么这个系统称之为学士  
  
49  
00:02:27,790 --> 00:02:29,950  
热入血室之后就造成一个问题  
  
50  
00:02:30,070 --> 00:02:35,910  
我们说邪热内热遇到血则容易出现一个现象  
  
51  
00:02:35,950 --> 00:02:37,150  
用一个字来说  
  
52  
00:02:38,390 --> 00:02:39,270  
哪个字啊  
  
53  
00:02:40,490 --> 00:02:42,290  
很好结，看到了吧  
  
54  
00:02:42,690 --> 00:02:46,330  
所以仲景先师告诉你叫其血必劫  
  
55  
00:02:49,400 --> 00:02:50,920  
血和什么结一块了  
  
56  
00:02:52,280 --> 00:02:55,360  
内入的热，这个热当然是邪热  
  
57  
00:02:56,670 --> 00:03:00,790  
截到一块之后，故事如疟状啊  
  
58  
00:03:00,830 --> 00:03:02,670  
那么我们说虐的特点  
  
59  
00:03:03,910 --> 00:03:05,430  
寒热发作有时  
  
60  
00:03:06,240 --> 00:03:06,880  
但是呢  
  
61  
00:03:07,400 --> 00:03:10,080  
这与我们之前一开始给大家  
  
62  
00:03:10,080 --> 00:03:12,160  
大家讲的这个虐病篇的那个虐  
  
63  
00:03:12,560 --> 00:03:13,600  
是不是一回事啊  
  
64  
00:03:14,460 --> 00:03:15,380  
他不是啊  
  
65  
00:03:15,420 --> 00:03:16,500  
他不是那个虐  
  
66  
00:03:18,680 --> 00:03:22,960  
不是由于我们之前讲的这个病机对吧  
  
67  
00:03:23,390 --> 00:03:27,910  
哎，邪热内入那么结结余结为虐母对吧  
  
68  
00:03:28,070 --> 00:03:29,590  
跟那个是两回事  
  
69  
00:03:31,900 --> 00:03:34,980  
那么这个为什么也会出现这种现象啊  
  
70  
00:03:35,500 --> 00:03:37,540  
之前我们在讲伤寒的时候  
  
71  
00:03:37,540 --> 00:03:41,000  
其实给大家也说过，热入血室呢  
  
72  
00:03:42,320 --> 00:03:43,200  
相对来说  
  
73  
00:03:44,580 --> 00:03:49,540  
他的状态跟邵阳的状态是比较接近的，啊哈  
  
74  
00:03:49,740 --> 00:03:52,300  
一脚门里一脚门外不在里也不在外  
  
75  
00:03:52,700 --> 00:03:54,420  
那么书机之间对吧  
  
76  
00:03:54,620 --> 00:03:54,820  
哎  
  
77  
00:03:54,860 --> 00:03:56,500  
书机之间，因此呢  
  
78  
00:03:56,900 --> 00:03:58,940  
那么发作，有时用什么汤煮之  
  
79  
00:03:59,220 --> 00:04:01,060  
用小柴胡汤啊  
  
80  
00:04:01,060 --> 00:04:03,760  
小柴胡煮熟鸡，我过去呢  
  
81  
00:04:03,760 --> 00:04:05,640  
曾经还有一个讲座  
  
82  
00:04:06,640 --> 00:04:07,240  
齐恒病  
  
83  
00:04:08,200 --> 00:04:11,080  
重方论治啊  
  
84  
00:04:11,080 --> 00:04:13,760  
就是列举了一些奇恒之腑的发病  
  
85  
00:04:13,840 --> 00:04:20,420  
中间也曾经大篇幅的讲过齐恒之腑相关的一些疾病啊  
  
86  
00:04:20,420 --> 00:04:22,380  
也包括女子胞  
  
87  
00:04:22,580 --> 00:04:25,540  
我们说胞脉胞络这一系统的疾病  
  
88  
00:04:25,900 --> 00:04:31,540  
中间给大家讲过她跟邵阳为什么比较相似啊  
  
89  
00:04:31,700 --> 00:04:32,580  
那么在这儿呢  
  
90  
00:04:32,580 --> 00:04:35,360  
我们就由于是金贵为主  
  
91  
00:04:35,400 --> 00:04:37,480  
我们就不再展开赘述了啊  
  
92  
00:04:38,040 --> 00:04:42,720  
感兴趣的同学可以自行的看一看以前的课资料啊  
  
93  
00:04:42,720 --> 00:04:48,170  
那么也能比较细的把它呃再咀嚼一遍  
  
94  
00:04:49,040 --> 00:04:51,760  
当然在这呢，我们给大家讲的重点啊  
  
95  
00:04:51,760 --> 00:04:56,400  
你看这几个重点词一、他是一个中风寒热之人  
  
96  
00:04:56,840 --> 00:04:57,240  
第二  
  
97  
00:04:57,760 --> 00:05:01,990  
它的中风寒热一定要在一个什么节点  
  
98  
00:05:02,150 --> 00:05:03,070  
他这说了啊  
  
99  
00:05:03,310 --> 00:05:05,550  
其实是三个三条，三个节点不一样啊  
  
100  
00:05:05,830 --> 00:05:09,190  
那么第一个叫经水师段例假刚刚结束，对不对啊  
  
101  
00:05:09,410 --> 00:05:09,610  
哎  
  
102  
00:05:09,610 --> 00:05:12,600  
刚刚结束之后，结果就造成这个热呀  
  
103  
00:05:12,600 --> 00:05:14,320  
它有一个缝，它就往哪去了  
  
104  
00:05:14,600 --> 00:05:15,520  
往穴室去了  
  
105  
00:05:15,520 --> 00:05:16,560  
往穴室去了，好了  
  
106  
00:05:16,760 --> 00:05:19,400  
那么就奇穴闭就一个字是它核心  
  
107  
00:05:19,560 --> 00:05:21,090  
奇穴闭结，结在哪  
  
108  
00:05:21,090 --> 00:05:21,850  
结，在血视里  
  
109  
00:05:22,370 --> 00:05:23,370  
那么这个时候呢  
  
110  
00:05:23,970 --> 00:05:27,530  
这个部位你说既不在里又不在外  
  
111  
00:05:27,730 --> 00:05:29,410  
半在里半在外，对吧  
  
112  
00:05:29,730 --> 00:05:32,580  
那么这种状态比拟于少阳症  
  
113  
00:05:32,700 --> 00:05:34,700  
所以我们用什么汤主治啊  
  
114  
00:05:35,100 --> 00:05:38,100  
用小柴胡汤，其实这个思路是非常清晰的啊  
  
115  
00:05:38,380 --> 00:05:40,300  
到这为止非常清晰的  
  
116  
00:05:42,270 --> 00:05:45,830  
那么就给我们首先在临证的时候提示了一个事  
  
117  
00:05:46,350 --> 00:05:53,450  
但凡发而勿寒跟女子经期产生交交集啊  
  
118  
00:05:53,450 --> 00:05:55,970  
你别管是开始还是结束还是之中  
  
119  
00:05:56,350 --> 00:06:01,070  
那么你首当其冲的要考虑的不是这个寒热本身的问题  
  
120  
00:06:01,580 --> 00:06:04,380  
而是他是否跟谁产生关联啊  
  
121  
00:06:05,220 --> 00:06:06,260  
血视对不对啊  
  
122  
00:06:06,540 --> 00:06:06,740  
哎  
  
123  
00:06:06,740 --> 00:06:07,900  
因为他入了穴式的话  
  
124  
00:06:07,900 --> 00:06:09,140  
奇穴必结啊  
  
125  
00:06:09,140 --> 00:06:12,030  
这个就是第一条，给大家先点一点  
  
126  
00:06:12,030 --> 00:06:13,230  
最后我们再总结啊  
  
127  
00:06:13,230 --> 00:06:13,950  
那第二条  
  
128  
00:06:15,350 --> 00:06:20,110  
富人这讲了，伤寒发热  
  
129  
00:06:21,780 --> 00:06:25,340  
刚才说中风78日这回伤寒发热，我个人认为啊  
  
130  
00:06:25,900 --> 00:06:31,070  
在这伤寒中风如果是临实际的临症之中  
  
131  
00:06:31,980 --> 00:06:33,380  
不必纠结啊  
  
132  
00:06:33,500 --> 00:06:37,760  
他这个东西是可以啊，互通的啊  
  
133  
00:06:37,760 --> 00:06:40,440  
那你说老师中风发热行不行一样  
  
134  
00:06:40,440 --> 00:06:42,520  
我告诉你啊，怎么样了  
  
135  
00:06:44,100 --> 00:06:46,500  
经水时来，你看跟刚才那个不一样  
  
136  
00:06:46,900 --> 00:06:49,020  
刚才那个是结尾，这个是什么开头  
  
137  
00:06:49,420 --> 00:06:49,740  
对吧  
  
138  
00:06:50,140 --> 00:06:52,000  
正好刚来诶  
  
139  
00:06:52,240 --> 00:06:55,000  
但这个你看跟上一条哪个更严重  
  
140  
00:06:56,660 --> 00:06:57,660  
明显这个更严重  
  
141  
00:06:57,660 --> 00:06:57,940  
为什么  
  
142  
00:06:57,940 --> 00:07:02,020  
因为刚才那个已经马上这个血士这个门要关上了，对吧  
  
143  
00:07:02,500 --> 00:07:02,660  
哎  
  
144  
00:07:02,660 --> 00:07:04,060  
这个就留个尾巴  
  
145  
00:07:04,580 --> 00:07:06,540  
这个是正好叫什么呀  
  
146  
00:07:07,940 --> 00:07:09,100  
当头一棒啊  
  
147  
00:07:09,380 --> 00:07:11,660  
正好是刚刚中风发热的时候  
  
148  
00:07:11,660 --> 00:07:11,820  
哎  
  
149  
00:07:12,140 --> 00:07:14,020  
正好例假来了  
  
150  
00:07:14,460 --> 00:07:16,060  
古人讲有来有去啊  
  
151  
00:07:16,060 --> 00:07:16,660  
他正好来了  
  
152  
00:07:16,660 --> 00:07:17,700  
来了之后坏了  
  
153  
00:07:19,050 --> 00:07:23,130  
这个时候就病怎么样就比较严重啊  
  
154  
00:07:23,210 --> 00:07:25,090  
这个严重怎么体现呢  
  
155  
00:07:26,300 --> 00:07:27,100  
他说，这么一事  
  
156  
00:07:27,100 --> 00:07:31,150  
儿叫昼日明了  
  
157  
00:07:32,070 --> 00:07:34,110  
暮则沾雨啊  
  
158  
00:07:34,110 --> 00:07:35,910  
那么这一条我个人认为啊  
  
159  
00:07:36,390 --> 00:07:39,960  
也就是此条的核心啊  
  
160  
00:07:39,960 --> 00:07:41,760  
就第二条，这这个就是一个核心  
  
161  
00:07:42,360 --> 00:07:44,560  
它用昼和夜来说  
  
162  
00:07:45,820 --> 00:07:46,220  
对吧  
  
163  
00:07:47,180 --> 00:07:50,340  
呃，来把我们这个道理说清了  
  
164  
00:07:50,940 --> 00:07:51,700  
事实上呢  
  
165  
00:07:51,700 --> 00:07:56,900  
仲景先师经常用昼和夜的说法来描述  
  
166  
00:07:57,380 --> 00:07:58,820  
比如说我们伤寒论  
  
167  
00:08:00,340 --> 00:08:01,180  
大家还记得吧  
  
168  
00:08:01,420 --> 00:08:01,860  
嗯  
  
169  
00:08:02,430 --> 00:08:03,190  
干姜附子汤  
  
170  
00:08:03,190 --> 00:08:03,790  
你看我一说  
  
171  
00:08:03,790 --> 00:08:08,430  
大家都能想起来最经典的一句话怎么说的  
  
172  
00:08:10,180 --> 00:08:12,740  
很好，你看哎  
  
173  
00:08:14,000 --> 00:08:16,040  
所以说多背条文有好处啊  
  
174  
00:08:16,160 --> 00:08:17,080  
脑子里都有  
  
175  
00:08:17,360 --> 00:08:20,400  
那么到这跟他正好反了啊  
  
176  
00:08:20,720 --> 00:08:22,640  
人家那是昼日烦躁不得眠对吧  
  
177  
00:08:23,200 --> 00:08:25,360  
晚上安静证明伤伤在羊粪  
  
178  
00:08:25,920 --> 00:08:28,360  
这个完全掉个完全掉个啊  
  
179  
00:08:28,360 --> 00:08:30,160  
这仲景先是教我们临床呢  
  
180  
00:08:30,160 --> 00:08:30,680  
你看啊  
  
181  
00:08:31,050 --> 00:08:34,289  
告诉你昼日明了就白天没事  
  
182  
00:08:34,289 --> 00:08:38,299  
是不是到了晚上木则占雨  
  
183  
00:08:38,500 --> 00:08:39,659  
说明以此类推  
  
184  
00:08:40,100 --> 00:08:45,080  
邪气现在是入了阳粪还是入了阴粪，对吧  
  
185  
00:08:45,160 --> 00:08:46,080  
他重点是你  
  
186  
00:08:46,080 --> 00:08:48,760  
你要明白他重点是要说这个事啊  
  
187  
00:08:48,760 --> 00:08:52,810  
邪气入音问了，那么牧泽詹宇后头  
  
188  
00:08:52,850 --> 00:08:55,530  
你要学会古人的行文读法啊  
  
189  
00:08:56,190 --> 00:08:57,990  
条分缕析，丝丝入扣  
  
190  
00:08:58,070 --> 00:08:59,870  
古人他告诉你  
  
191  
00:08:59,870 --> 00:09:02,610  
木泽展宇之后，你不会读的同学呢  
  
192  
00:09:02,610 --> 00:09:04,410  
就是读这条文之后发蒙啊  
  
193  
00:09:04,410 --> 00:09:05,610  
反正怎么说这么多事  
  
194  
00:09:05,930 --> 00:09:09,390  
你会读的就发现这个条文里头哪些是主线  
  
195  
00:09:09,550 --> 00:09:12,310  
哪些是他给你展开后头  
  
196  
00:09:12,310 --> 00:09:14,750  
这句话是解释詹宇的看见了没有  
  
197  
00:09:15,520 --> 00:09:17,840  
这叫自带工具箱，看见了吧  
  
198  
00:09:18,240 --> 00:09:18,440  
哎  
  
199  
00:09:18,560 --> 00:09:20,080  
那你说詹宇你蒙了  
  
200  
00:09:20,120 --> 00:09:21,200  
你不知道詹宇什么意思  
  
201  
00:09:21,200 --> 00:09:24,080  
好了，那古人给你后头给你打开  
  
202  
00:09:24,520 --> 00:09:26,000  
那么这个这个詹宇是啥  
  
203  
00:09:26,160 --> 00:09:26,880  
怎么个詹宇  
  
204  
00:09:26,960 --> 00:09:31,900  
人家说了叫如见什么鬼壮者啊  
  
205  
00:09:31,900 --> 00:09:34,300  
如见鬼状者这个人啊  
  
206  
00:09:34,380 --> 00:09:35,780  
说明心神不宁  
  
207  
00:09:37,210 --> 00:09:39,810  
神态惊恐，甚则  
  
208  
00:09:41,830 --> 00:09:44,750  
儒剑鬼杖就是跟我们现在说那个精神分裂  
  
209  
00:09:44,790 --> 00:09:47,030  
有的时候他也很接近啊  
  
210  
00:09:47,670 --> 00:09:50,070  
就是包括我们临床上也有这样的患者啊  
  
211  
00:09:50,070 --> 00:09:51,310  
也见过呃  
  
212  
00:09:51,430 --> 00:09:57,890  
在门诊哎他他就自称就是身边他能看见人是吧  
  
213  
00:09:57,890 --> 00:09:58,570  
或者怎么样  
  
214  
00:09:58,930 --> 00:10:00,010  
那么是什么原因  
  
215  
00:10:00,370 --> 00:10:02,090  
我们从中医的角度来说  
  
216  
00:10:02,550 --> 00:10:03,590  
谁主神明啊  
  
217  
00:10:04,670 --> 00:10:05,670  
心主神明啊  
  
218  
00:10:05,910 --> 00:10:06,870  
心不但主神明  
  
219  
00:10:06,950 --> 00:10:07,750  
心还主什么  
  
220  
00:10:07,750 --> 00:10:09,370  
主血脉，对吧  
  
221  
00:10:09,530 --> 00:10:09,730  
哎  
  
222  
00:10:09,730 --> 00:10:11,010  
心主神明，心主血脉  
  
223  
00:10:11,290 --> 00:10:13,890  
那么现在这个问题，所谓热入哪啦  
  
224  
00:10:14,850 --> 00:10:18,280  
血是血脉相连  
  
225  
00:10:18,320 --> 00:10:19,040  
同学们啊  
  
226  
00:10:19,120 --> 00:10:21,680  
那么通过这个穴式的  
  
227  
00:10:23,880 --> 00:10:27,920  
这个邪热内热，造成了血脉  
  
228  
00:10:28,920 --> 00:10:29,840  
热入血脉  
  
229  
00:10:30,440 --> 00:10:31,360  
热入血脉呢  
  
230  
00:10:31,560 --> 00:10:34,440  
则扰心神，就非常简单  
  
231  
00:10:34,950 --> 00:10:38,550  
实际上你们回顾一下咱们伤寒论啊  
  
232  
00:10:38,630 --> 00:10:41,350  
比如说106条桃树成器，对吧  
  
233  
00:10:41,350 --> 00:10:45,150  
124抵挡它中间是不是也说过类似的问题  
  
234  
00:10:45,150 --> 00:10:47,090  
比如热结膀胱，亲如狂  
  
235  
00:10:47,130 --> 00:10:47,490  
对吧  
  
236  
00:10:48,010 --> 00:10:48,210  
唉  
  
237  
00:10:48,250 --> 00:10:49,050  
热在下焦  
  
238  
00:10:49,610 --> 00:10:51,130  
那么这个其实发光啊  
  
239  
00:10:51,130 --> 00:10:52,090  
我们讲哎  
  
240  
00:10:52,450 --> 00:10:55,130  
124抵当汤，他不也也说这个道理吗  
  
241  
00:10:55,960 --> 00:10:58,480  
那么这以此类推啊  
  
242  
00:10:59,080 --> 00:10:59,440  
比拟  
  
243  
00:11:00,320 --> 00:11:04,750  
那么你要知道的，首先这个人也是一个外感发热的人  
  
244  
00:11:04,750 --> 00:11:06,150  
你甭管是中风还是伤寒  
  
245  
00:11:06,350 --> 00:11:07,550  
他为什么强调伤寒  
  
246  
00:11:07,950 --> 00:11:09,070  
因为伤寒发热  
  
247  
00:11:09,110 --> 00:11:11,150  
往往这个热比较重，对吧  
  
248  
00:11:11,390 --> 00:11:15,000  
它凑离不开邪热容易闭于内啊  
  
249  
00:11:15,000 --> 00:11:17,120  
他这个是有，确实是有一个强调  
  
250  
00:11:17,120 --> 00:11:19,400  
但你不代表说中风它就不能得啊  
  
251  
00:11:19,760 --> 00:11:21,720  
这个我得跟你说清楚，哎  
  
252  
00:11:21,800 --> 00:11:23,080  
那么首先有热  
  
253  
00:11:23,120 --> 00:11:26,780  
第二经水刚来，雪势炸开  
  
254  
00:11:26,860 --> 00:11:27,220  
对吧  
  
255  
00:11:27,580 --> 00:11:27,780  
哎  
  
256  
00:11:27,780 --> 00:11:30,950  
这个时候这个热也盛，血视也开  
  
257  
00:11:31,390 --> 00:11:33,230  
他俩就整到一块去了啊  
  
258  
00:11:33,630 --> 00:11:37,350  
造成一定是伤在阳粪还是阴分啊  
  
259  
00:11:38,360 --> 00:11:39,960  
一定伤阴肺，为什么  
  
260  
00:11:39,960 --> 00:11:41,640  
因为阴主阴主血对吧  
  
261  
00:11:41,910 --> 00:11:42,670  
是不是这回事啊  
  
262  
00:11:42,950 --> 00:11:44,750  
营血为阴为阴分啊  
  
263  
00:11:44,750 --> 00:11:46,030  
那肯定是入营血了  
  
264  
00:11:46,270 --> 00:11:48,270  
那么就是晚上出现这个症状  
  
265  
00:11:48,630 --> 00:11:50,070  
呃，而且这个热呢  
  
266  
00:11:50,070 --> 00:11:50,790  
它会扰神  
  
267  
00:11:50,830 --> 00:11:52,150  
扰神之后如见鬼状  
  
268  
00:11:52,310 --> 00:11:53,150  
此为肉肉血识  
  
269  
00:11:53,390 --> 00:11:54,910  
那么这种治疗啊  
  
270  
00:11:54,910 --> 00:11:57,410  
那么我们就是说得想办法呢  
  
271  
00:11:57,410 --> 00:12:00,640  
把下焦的热把它透出去啊  
  
272  
00:12:00,680 --> 00:12:02,960  
所以后头告诉你，他没说用什么方  
  
273  
00:12:02,960 --> 00:12:04,640  
但他告诉你不能干啥了  
  
274  
00:12:05,160 --> 00:12:06,760  
这说了句话，耐人寻味  
  
275  
00:12:07,240 --> 00:12:11,840  
治之无犯，什么胃气急上二焦  
  
276  
00:12:13,480 --> 00:12:16,860  
呃，那么我听到两个层面的感觉啊  
  
277  
00:12:16,900 --> 00:12:18,820  
第一个层面呢，是仲景先师  
  
278  
00:12:18,820 --> 00:12:20,020  
他很直白的告诉您的  
  
279  
00:12:20,240 --> 00:12:21,800  
治疗这个不能犯胃气  
  
280  
00:12:22,040 --> 00:12:23,360  
急事叫啥意思  
  
281  
00:12:23,360 --> 00:12:24,720  
首先这句话啥意思啊  
  
282  
00:12:25,800 --> 00:12:28,280  
第一胃气就是我们说脾胃之气  
  
283  
00:12:28,800 --> 00:12:29,680  
胃气为根本  
  
284  
00:12:29,720 --> 00:12:30,960  
那么人得病之后呢  
  
285  
00:12:31,360 --> 00:12:32,840  
我们说脉有三贵  
  
286  
00:12:33,040 --> 00:12:34,240  
有胃，有神有根  
  
287  
00:12:34,620 --> 00:12:39,260  
如果胃气伤了，他恢复会比较慢的  
  
288  
00:12:39,260 --> 00:12:41,820  
这个无论是仲景还是后世的这个四大家  
  
289  
00:12:42,320 --> 00:12:43,720  
包括易水仙师，对吧  
  
290  
00:12:43,720 --> 00:12:45,000  
那么都是这么讲的  
  
291  
00:12:45,520 --> 00:12:47,520  
那么什么叫上二交  
  
292  
00:12:49,090 --> 00:12:52,010  
上二之交其实是相对谁来说的  
  
293  
00:12:52,290 --> 00:12:54,810  
你一定要明白古人的用语的习惯  
  
294  
00:12:54,810 --> 00:12:56,090  
你看我们同学很聪明啊  
  
295  
00:12:56,090 --> 00:12:57,370  
我一说你们就懂了  
  
296  
00:12:57,720 --> 00:12:59,480  
你要不单独看这条吧  
  
297  
00:12:59,480 --> 00:13:01,320  
你很多人会发懵啊  
  
298  
00:13:01,320 --> 00:13:03,440  
你说他冷不丁说这啥意思  
  
299  
00:13:03,440 --> 00:13:04,480  
啥叫上二交啊  
  
300  
00:13:05,660 --> 00:13:08,140  
你要知道汉代人描述的东西  
  
301  
00:13:08,140 --> 00:13:10,020  
他用的是对仗的方法对吧  
  
302  
00:13:10,260 --> 00:13:12,900  
阴阳对举的方法有上必有啥呀  
  
303  
00:13:13,440 --> 00:13:15,880  
有下它是针对谁来说话的  
  
304  
00:13:16,400 --> 00:13:17,400  
哎，针对下焦  
  
305  
00:13:17,920 --> 00:13:20,040  
那么下焦之上是谁啊  
  
306  
00:13:21,060 --> 00:13:24,460  
几个人就三焦对吧  
  
307  
00:13:25,060 --> 00:13:29,720  
下焦之上有中焦，有上焦是这回事吧  
  
308  
00:13:30,120 --> 00:13:30,320  
哎  
  
309  
00:13:30,360 --> 00:13:31,880  
下焦之上有中焦  
  
310  
00:13:31,880 --> 00:13:35,920  
有上焦，这个是三元古来的传承啊  
  
311  
00:13:36,490 --> 00:13:38,890  
那么中医这个讲上中下三焦  
  
312  
00:13:38,890 --> 00:13:40,410  
这是亘古不变的啊  
  
313  
00:13:40,610 --> 00:13:43,330  
亘古不变的古来的传承啊  
  
314  
00:13:45,030 --> 00:13:45,430  
那么  
  
315  
00:13:48,900 --> 00:13:50,860  
上二焦中焦也包含了吧  
  
316  
00:13:51,340 --> 00:13:53,180  
胃是属属于哪个交啊  
  
317  
00:13:54,010 --> 00:13:56,570  
哎，那他为啥要单独说无犯胃气呢  
  
318  
00:13:56,610 --> 00:13:58,730  
你就直接说午饭杀二交就完了呗  
  
319  
00:13:58,730 --> 00:14:00,490  
为啥要把胃说一下  
  
320  
00:14:00,490 --> 00:14:02,210  
这不觉得很麻烦吗  
  
321  
00:14:04,640 --> 00:14:06,160  
对，它是两个东西  
  
322  
00:14:06,640 --> 00:14:07,520  
胃气是胃气  
  
323  
00:14:07,560 --> 00:14:11,520  
后天之本中上二焦，你说到三焦的话  
  
324  
00:14:12,170 --> 00:14:14,650  
那么它就是气血循行之通路  
  
325  
00:14:15,010 --> 00:14:15,570  
明白了吧  
  
326  
00:14:15,930 --> 00:14:16,570  
是两回事  
  
327  
00:14:16,570 --> 00:14:17,510  
儿，呃  
  
328  
00:14:17,590 --> 00:14:19,110  
一个是源，一个是流啊  
  
329  
00:14:19,110 --> 00:14:20,190  
这大家能懂了吧  
  
330  
00:14:21,210 --> 00:14:23,250  
不要从源头上把胃气损伤  
  
331  
00:14:23,930 --> 00:14:25,850  
也不要从流的层面  
  
332  
00:14:25,890 --> 00:14:26,770  
源和流的层面  
  
333  
00:14:26,770 --> 00:14:28,690  
流的层面，把把三焦  
  
334  
00:14:30,020 --> 00:14:31,220  
把他把他损伤  
  
335  
00:14:31,820 --> 00:14:32,620  
呃，后世呢  
  
336  
00:14:32,620 --> 00:14:37,400  
清代医家那么有命门三焦体系，对吧  
  
337  
00:14:37,440 --> 00:14:40,880  
命门三焦是法，这个我们也经常给大家讲啊  
  
338  
00:14:40,880 --> 00:14:43,240  
就是到清代的一家用的几乎最多的  
  
339  
00:14:43,800 --> 00:14:44,400  
呃呃  
  
340  
00:14:44,400 --> 00:14:47,040  
很多宗门传承，它实际上都是用命门三焦  
  
341  
00:14:47,320 --> 00:14:49,880  
命门足不足三焦通不通，完事了吧  
  
342  
00:14:50,240 --> 00:14:52,440  
所以这个东西不是清朝人发明的  
  
343  
00:14:52,440 --> 00:14:54,890  
你看在你看你会不会看书  
  
344  
00:14:55,250 --> 00:14:55,890  
你会看书  
  
345  
00:14:55,930 --> 00:14:58,370  
这伤寒论里它就有啊  
  
346  
00:14:58,920 --> 00:15:00,960  
那么命门，命门是谁  
  
347  
00:15:01,040 --> 00:15:04,000  
你看内经里头命门它有好几好几个说法，对吧  
  
348  
00:15:04,280 --> 00:15:05,800  
很多人一听就懵了  
  
349  
00:15:06,240 --> 00:15:07,400  
呃，其实啊  
  
350  
00:15:07,480 --> 00:15:09,320  
不用蒙古人讲一个东西呢  
  
351  
00:15:09,360 --> 00:15:11,200  
它往往是讲一个东西  
  
352  
00:15:11,360 --> 00:15:14,840  
那我要从多个角度甚至多个维度去说话  
  
353  
00:15:15,680 --> 00:15:18,000  
那你不能说我从这个角度说完我  
  
354  
00:15:18,000 --> 00:15:19,240  
别的角度就不能说了吧  
  
355  
00:15:19,240 --> 00:15:19,520  
对吧  
  
356  
00:15:19,880 --> 00:15:21,060  
哎呃  
  
357  
00:15:21,100 --> 00:15:23,780  
那你除了姓张，你可能还是男性  
  
358  
00:15:23,900 --> 00:15:25,140  
咱打个比方是不是  
  
359  
00:15:25,380 --> 00:15:25,540  
哎  
  
360  
00:15:25,540 --> 00:15:26,420  
那你不能说我  
  
361  
00:15:26,420 --> 00:15:26,940  
我姓张  
  
362  
00:15:26,940 --> 00:15:28,900  
我就就这个对吧  
  
363  
00:15:29,630 --> 00:15:32,470  
你你这就弄混了啊  
  
364  
00:15:33,230 --> 00:15:36,880  
中医之难，就是有很多人包括我挺感慨啊  
  
365  
00:15:36,880 --> 00:15:39,640  
你看现在网上有一新词儿叫中一黑，对吧  
  
366  
00:15:40,020 --> 00:15:41,060  
哎，不要跟他们抬杠  
  
367  
00:15:41,100 --> 00:15:42,100  
不要跟他们抬杠啊  
  
368  
00:15:42,100 --> 00:15:42,940  
就是善变  
  
369  
00:15:43,180 --> 00:15:43,820  
善者不辩  
  
370  
00:15:43,820 --> 00:15:44,900  
辩者不善，知道吧  
  
371  
00:15:44,900 --> 00:15:47,420  
你跟他抬杠把自己就是维度就拉低了  
  
372  
00:15:47,700 --> 00:15:49,820  
但是我们要承承认一个客观事实  
  
373  
00:15:49,820 --> 00:15:51,540  
就是为什么有很多中医黑  
  
374  
00:15:51,890 --> 00:15:52,090  
呃  
  
375  
00:15:52,650 --> 00:15:55,210  
他很执着的就是干这个事  
  
376  
00:15:55,850 --> 00:15:58,730  
这么说吧，就是人的认知的维度的问题  
  
377  
00:15:59,310 --> 00:16:01,590  
你不要强迫一个低维度的  
  
378  
00:16:01,790 --> 00:16:04,670  
认知的人去理解高维度的东西  
  
379  
00:16:04,930 --> 00:16:06,970  
这个对他来说要他命知道吗  
  
380  
00:16:07,370 --> 00:16:08,290  
他做不到  
  
381  
00:16:08,660 --> 00:16:10,020  
所以说你要做到什么  
  
382  
00:16:10,260 --> 00:16:13,300  
你要做到的是把古人的传承好好的  
  
383  
00:16:13,300 --> 00:16:16,050  
接下来把它变成真的  
  
384  
00:16:16,250 --> 00:16:17,130  
学到你身上  
  
385  
00:16:17,370 --> 00:16:19,530  
把它变成真的，变成活的东西  
  
386  
00:16:19,530 --> 00:16:20,170  
明白了吗  
  
387  
00:16:20,510 --> 00:16:20,710  
哎  
  
388  
00:16:20,790 --> 00:16:21,510  
中医的道  
  
389  
00:16:21,710 --> 00:16:23,470  
中医的记忆，它是活的东西  
  
390  
00:16:23,870 --> 00:16:25,630  
修之身，其德乃真  
  
391  
00:16:25,960 --> 00:16:27,920  
你这东西你说的多好听都没用  
  
392  
00:16:27,920 --> 00:16:30,520  
你非得把它练到身上对吧  
  
393  
00:16:30,560 --> 00:16:32,950  
临床用之有厌  
  
394  
00:16:33,310 --> 00:16:35,190  
那么你不用你说话了  
  
395  
00:16:35,710 --> 00:16:36,990  
行不言之教啊  
  
396  
00:16:37,030 --> 00:16:39,300  
不用你再说话了，好了  
  
397  
00:16:39,660 --> 00:16:41,100  
那么这个告诉你  
  
398  
00:16:41,620 --> 00:16:42,860  
这是我们刚才说第一点  
  
399  
00:16:42,900 --> 00:16:44,020  
刚才说两点嘛，对吧  
  
400  
00:16:44,060 --> 00:16:46,660  
第一点就是说它无犯胃气及伤二焦  
  
401  
00:16:46,880 --> 00:16:48,240  
第二点就是逼自愈  
  
402  
00:16:48,400 --> 00:16:49,520  
呵，啥意思啊  
  
403  
00:16:49,520 --> 00:16:51,120  
同学们，他没给方是吗  
  
404  
00:16:51,480 --> 00:16:52,000  
你发现了吧  
  
405  
00:16:52,000 --> 00:16:53,510  
他也没说用小柴胡  
  
406  
00:16:53,510 --> 00:16:55,790  
也没说刺激门什么概念啊  
  
407  
00:16:56,170 --> 00:16:58,290  
并不是仲景先师让你挺着  
  
408  
00:16:59,490 --> 00:17:03,150  
这块儿用语很微妙，很微妙  
  
409  
00:17:03,830 --> 00:17:05,869  
那么如果什么药都不用  
  
410  
00:17:06,030 --> 00:17:08,750  
肯定不会犯胃和沙二焦吧  
  
411  
00:17:09,930 --> 00:17:11,210  
那他为什么要说这句话  
  
412  
00:17:11,450 --> 00:17:14,930  
说明用没用药，用了用啥了  
  
413  
00:17:17,940 --> 00:17:18,740  
他啥也没说  
  
414  
00:17:20,950 --> 00:17:25,819  
说明同学们要观其脉证，知犯何逆  
  
415  
00:17:26,180 --> 00:17:26,859  
随证治治  
  
416  
00:17:26,940 --> 00:17:30,940  
懂我懂我的意思，没有就到这儿特别像一位老师  
  
417  
00:17:33,640 --> 00:17:37,240  
教自己的学生这个事该咋办  
  
418  
00:17:38,390 --> 00:17:39,590  
他又没法直说  
  
419  
00:17:40,310 --> 00:17:42,350  
因为这个事不是他不想说  
  
420  
00:17:42,390 --> 00:17:45,030  
是因为变化多端  
  
421  
00:17:46,050 --> 00:17:49,930  
我没法提前告诉你这个事怎么预判我  
  
422  
00:17:50,090 --> 00:17:52,490  
所以只能告诉你不要干什么  
  
423  
00:17:53,560 --> 00:17:55,600  
至于该干什么  
  
424  
00:17:56,870 --> 00:18:00,390  
我把眼睛一闭，你随便明白啥意思没有  
  
425  
00:18:00,840 --> 00:18:02,040  
哎，我管不着了  
  
426  
00:18:02,040 --> 00:18:03,600  
因为我也看不见了是吧  
  
427  
00:18:03,600 --> 00:18:05,840  
这个事我看不见了，你自己掌握  
  
428  
00:18:06,240 --> 00:18:07,400  
但是你记住  
  
429  
00:18:08,320 --> 00:18:10,400  
中上二焦不要引斜过去啊  
  
430  
00:18:10,440 --> 00:18:14,680  
不要把那个那个那个女子包包公的热血把他引到中焦  
  
431  
00:18:14,680 --> 00:18:16,400  
引到上焦，不要搞乱  
  
432  
00:18:16,880 --> 00:18:18,880  
第二，不要把胃气伤了  
  
433  
00:18:19,280 --> 00:18:21,440  
只要这人还有口胃气对吧  
  
434  
00:18:21,760 --> 00:18:23,760  
只要它中上二焦还是通畅的  
  
435  
00:18:24,000 --> 00:18:25,000  
至于下焦的邪  
  
436  
00:18:25,080 --> 00:18:28,520  
他怎么着你用什么办法和解也好，攻下也罢  
  
437  
00:18:28,740 --> 00:18:31,100  
还是说透淤开淤也也罢  
  
438  
00:18:31,950 --> 00:18:33,070  
书记怎么着  
  
439  
00:18:33,070 --> 00:18:34,910  
你把它弄出去，你你就OK  
  
440  
00:18:34,950 --> 00:18:35,710  
你就胜利了  
  
441  
00:18:35,710 --> 00:18:36,230  
明白了吧  
  
442  
00:18:36,830 --> 00:18:38,230  
哎，必自愈  
  
443  
00:18:38,350 --> 00:18:40,230  
所以这句话其实这么解释的啊  
  
444  
00:18:40,430 --> 00:18:43,850  
这条文其实你用对比的方式  
  
445  
00:18:43,850 --> 00:18:46,730  
你才能读懂仲景先师想说什么啊  
  
446  
00:18:48,410 --> 00:18:53,690  
好往下一个嗯妇人中风发热  
  
447  
00:18:53,690 --> 00:18:56,010  
恶寒，经水势来  
  
448  
00:18:58,740 --> 00:19:04,810  
清水师来得78日热处脉池深凉合  
  
449  
00:19:05,570 --> 00:19:07,690  
那么从热的层面看  
  
450  
00:19:09,190 --> 00:19:10,870  
貌似表热没有了吧  
  
451  
00:19:11,230 --> 00:19:14,870  
他说，热除了脉迟迟代表的是什么  
  
452  
00:19:14,870 --> 00:19:16,430  
病机的寒热是不是  
  
453  
00:19:17,030 --> 00:19:17,230  
哎  
  
454  
00:19:17,830 --> 00:19:18,950  
池为寒，朔为热  
  
455  
00:19:19,310 --> 00:19:22,470  
那么这种朔向变成了池相  
  
456  
00:19:22,550 --> 00:19:25,060  
说明那个表热没了  
  
457  
00:19:25,300 --> 00:19:28,220  
身凉合，就是身上体温下来了啊  
  
458  
00:19:28,220 --> 00:19:29,020  
体温降下来了  
  
459  
00:19:29,500 --> 00:19:31,930  
但是出现了一个问题啊  
  
460  
00:19:32,090 --> 00:19:32,970  
出现啥问题了  
  
461  
00:19:34,050 --> 00:19:36,410  
胸胁满如物结胸状  
  
462  
00:19:37,730 --> 00:19:42,300  
我们知道这个结胸病哈和脾正  
  
463  
00:19:42,500 --> 00:19:43,940  
他俩是一对，对不对啊  
  
464  
00:19:44,580 --> 00:19:46,700  
病发于阳而反下之热  
  
465  
00:19:46,700 --> 00:19:48,930  
入阴作皆凶，发于阴  
  
466  
00:19:48,930 --> 00:19:49,970  
反下之因作脾  
  
467  
00:19:50,170 --> 00:19:53,450  
所以称结凶者，以下肢太早过也啊  
  
468  
00:19:54,050 --> 00:19:54,370  
故也  
  
469  
00:19:54,530 --> 00:19:58,300  
那么就它类似于这个结凶  
  
470  
00:19:58,380 --> 00:19:59,780  
他可不是结凶啊  
  
471  
00:19:59,780 --> 00:20:00,420  
同学们啊  
  
472  
00:20:00,860 --> 00:20:01,460  
他是啥  
  
473  
00:20:01,780 --> 00:20:03,990  
他是热入血室，哎  
  
474  
00:20:03,990 --> 00:20:04,790  
人家告诉你了  
  
475  
00:20:04,790 --> 00:20:06,470  
叫沾愚者，对吧  
  
476  
00:20:06,750 --> 00:20:07,630  
此为热入学式  
  
477  
00:20:07,950 --> 00:20:12,900  
那么这个呢，就给你讲了热如血士的另一个样子啊  
  
478  
00:20:13,220 --> 00:20:14,340  
就是如结胸状  
  
479  
00:20:14,780 --> 00:20:16,420  
它的特点，胸胁满  
  
480  
00:20:18,060 --> 00:20:18,260  
啊  
  
481  
00:20:18,540 --> 00:20:23,780  
那么结胸本身是胸胁和心下硬满疼痛  
  
482  
00:20:24,730 --> 00:20:27,570  
心下痛，按之适应这种状态啊  
  
483  
00:20:28,730 --> 00:20:29,410  
跟它很像  
  
484  
00:20:29,730 --> 00:20:34,170  
那么告诉你这个是热如学士雪啊，被制住了对吧  
  
485  
00:20:34,530 --> 00:20:35,570  
哎，雪被制住了  
  
486  
00:20:36,010 --> 00:20:38,080  
所以说呢，该怎么办  
  
487  
00:20:38,280 --> 00:20:41,480  
这给你一折叫当次谁啊  
  
488  
00:20:42,730 --> 00:20:43,130  
七门  
  
489  
00:20:44,010 --> 00:20:47,050  
呃，七门为肝经之墓穴啊  
  
490  
00:20:47,090 --> 00:20:47,970  
肝经之墓穴  
  
491  
00:20:49,700 --> 00:20:53,080  
也是邪气容易聚藏之地，呃  
  
492  
00:20:53,320 --> 00:20:55,360  
用针刺，但是大家注意一个问题啊  
  
493  
00:20:55,360 --> 00:20:57,840  
他重点说的什么叫随其时而取之  
  
494  
00:20:58,160 --> 00:21:00,720  
说白了就是泄时泄气盆  
  
495  
00:21:01,240 --> 00:21:03,360  
那么这块首先呢，有两点啊  
  
496  
00:21:03,360 --> 00:21:04,680  
我个人认为第一点呢  
  
497  
00:21:05,800 --> 00:21:06,960  
给我们提示了一个问题  
  
498  
00:21:07,830 --> 00:21:08,710  
在六经之中啊  
  
499  
00:21:08,710 --> 00:21:10,190  
他是没有血氏易经的  
  
500  
00:21:10,880 --> 00:21:11,880  
六经太阳  
  
501  
00:21:11,880 --> 00:21:12,400  
阳明少阳  
  
502  
00:21:12,400 --> 00:21:13,400  
太阴、少阴、厥阴，对吧  
  
503  
00:21:13,640 --> 00:21:15,600  
它没有，没有这个血是经  
  
504  
00:21:16,080 --> 00:21:19,360  
那么我们说六经前百病，五脏六腑  
  
505  
00:21:20,640 --> 00:21:23,110  
包括后天之12经  
  
506  
00:21:23,110 --> 00:21:25,230  
先天之奇奇经对吧  
  
507  
00:21:25,390 --> 00:21:26,630  
后天之八脉啊  
  
508  
00:21:26,630 --> 00:21:27,510  
先天之八脉啊  
  
509  
00:21:27,510 --> 00:21:27,950  
口误了  
  
510  
00:21:28,270 --> 00:21:31,730  
那么他都可以统于六经之中  
  
511  
00:21:31,850 --> 00:21:32,770  
这个没毛病吧  
  
512  
00:21:33,130 --> 00:21:33,330  
哎  
  
513  
00:21:33,330 --> 00:21:34,690  
就你用六经施法的时候  
  
514  
00:21:34,690 --> 00:21:36,250  
他可以把它都囊括进来  
  
515  
00:21:36,410 --> 00:21:38,370  
那么从那个角度绝阴啊  
  
516  
00:21:38,670 --> 00:21:41,500  
我们说能够主女子包啊  
  
517  
00:21:41,500 --> 00:21:43,460  
我们从伤寒条文上也能看见，对不对啊  
  
518  
00:21:43,580 --> 00:21:46,820  
那么伤寒里头也有很多相关的类似的论述  
  
519  
00:21:47,060 --> 00:21:47,700  
那么这个  
  
520  
00:21:50,590 --> 00:21:52,470  
本身这个其实不用看，伤寒了  
  
521  
00:21:52,470 --> 00:21:54,670  
你往前倒，你倒到灵枢  
  
522  
00:21:55,650 --> 00:21:56,170  
对不对啊  
  
523  
00:21:56,210 --> 00:21:58,690  
厥阴经足干脆厥阴之脉，它往哪走啊  
  
524  
00:21:59,290 --> 00:22:00,570  
还阴气抵小腹啊  
  
525  
00:22:01,050 --> 00:22:01,250  
哎  
  
526  
00:22:01,250 --> 00:22:02,530  
那么本身呃  
  
527  
00:22:02,690 --> 00:22:04,820  
他能主这个，呃  
  
528  
00:22:04,980 --> 00:22:06,620  
整个的那个生殖系统啊  
  
529  
00:22:06,620 --> 00:22:07,860  
它主这个  
  
530  
00:22:08,260 --> 00:22:15,300  
所以说热入之后次七门就是相当于透厥阴里头的湿邪  
  
531  
00:22:16,490 --> 00:22:20,290  
因此在临床上大家如果遇到热入血室之症  
  
532  
00:22:20,330 --> 00:22:23,970  
同学们，当你小柴胡汤下去之后  
  
533  
00:22:24,800 --> 00:22:26,560  
你发现，呵呵  
  
534  
00:22:26,720 --> 00:22:28,240  
没好用  
  
535  
00:22:28,920 --> 00:22:30,920  
有有没有这种可能  
  
536  
00:22:31,910 --> 00:22:32,910  
小概率事件啊  
  
537  
00:22:32,910 --> 00:22:36,030  
但是会有的一些特殊的，这个女子流学士  
  
538  
00:22:36,390 --> 00:22:39,580  
包括有一些呃，个别的吧  
  
539  
00:22:39,580 --> 00:22:41,060  
就是如果没有发生坏病  
  
540  
00:22:41,220 --> 00:22:43,740  
他时间迁延的久一点，这种也有啊  
  
541  
00:22:45,170 --> 00:22:47,010  
会出现用了小柴胡也不行  
  
542  
00:22:47,370 --> 00:22:50,010  
包括脉证上你看也不支持，对吧  
  
543  
00:22:50,010 --> 00:22:52,250  
你你你看左关脉他都比较弱  
  
544  
00:22:52,580 --> 00:22:54,420  
你柴火也不好用啊，对吧  
  
545  
00:22:54,700 --> 00:22:55,700  
那这个时候怎么办  
  
546  
00:22:56,750 --> 00:22:56,950  
哎  
  
547  
00:22:56,950 --> 00:22:57,670  
这时候怎么办  
  
548  
00:22:57,830 --> 00:22:59,710  
随其时而取之，呃  
  
549  
00:23:00,030 --> 00:23:02,030  
我们不一定非要用针刺  
  
550  
00:23:02,270 --> 00:23:04,790  
我给大家举一个例子啊，呃  
  
551  
00:23:06,170 --> 00:23:07,690  
有些手段是可以  
  
552  
00:23:09,140 --> 00:23:10,580  
这个思想是不变的  
  
553  
00:23:10,580 --> 00:23:11,900  
手段是可以改进的啊  
  
554  
00:23:12,340 --> 00:23:14,520  
可以灵活的针刺吧  
  
555  
00:23:14,520 --> 00:23:17,440  
它有个好处就是比较直接  
  
556  
00:23:17,560 --> 00:23:18,560  
但是坏处是啥呢  
  
557  
00:23:18,560 --> 00:23:21,440  
你看古人用的针跟我们现在用的不一样  
  
558  
00:23:21,950 --> 00:23:23,590  
我们现在用那个钢针  
  
559  
00:23:24,670 --> 00:23:24,990  
对吧  
  
560  
00:23:25,030 --> 00:23:26,550  
你3.5的或者多少  
  
561  
00:23:26,550 --> 00:23:28,310  
它那个诶，针很细  
  
562  
00:23:29,080 --> 00:23:30,720  
但是那个针吧，它很锐利  
  
563  
00:23:31,360 --> 00:23:32,920  
我到现在还保持习惯  
  
564  
00:23:32,960 --> 00:23:35,760  
我的针灸甲里有金针，有银针  
  
565  
00:23:36,300 --> 00:23:37,260  
唯独没有钢针  
  
566  
00:23:37,260 --> 00:23:38,770  
因为现在说句实话  
  
567  
00:23:38,770 --> 00:23:40,170  
我针灸用的也不多  
  
568  
00:23:40,290 --> 00:23:41,850  
在门诊上也没法弄  
  
569  
00:23:41,850 --> 00:23:43,850  
但我们同学有的时候能看见我  
  
570  
00:23:44,130 --> 00:23:47,300  
个别情况下有可能患者出现突发的情况  
  
571  
00:23:47,300 --> 00:23:49,420  
诶，可能随手咱们赠一针对吧  
  
572  
00:23:49,420 --> 00:23:50,980  
但那一般一般都是钢针为主  
  
573  
00:23:51,460 --> 00:23:53,140  
呃，钢针方便对吧  
  
574  
00:23:53,140 --> 00:23:54,420  
也不用消毒，也不用怎么弄  
  
575  
00:23:54,420 --> 00:23:55,660  
我自己平时用啊  
  
576  
00:23:55,660 --> 00:23:56,700  
包括诶  
  
577  
00:23:56,980 --> 00:23:57,820  
家里人，亲戚朋友  
  
578  
00:23:57,820 --> 00:23:58,380  
有时候诶  
  
579  
00:23:58,730 --> 00:24:00,530  
金针银针，这习惯了啊  
  
580  
00:24:00,530 --> 00:24:03,890  
多少年的习惯那么补人，那个针啊  
  
581  
00:24:04,050 --> 00:24:05,490  
比我们用的针粗  
  
582  
00:24:06,850 --> 00:24:07,410  
你知道吧  
  
583  
00:24:07,770 --> 00:24:09,530  
他刺激量是够的啊  
  
584  
00:24:09,570 --> 00:24:10,570  
它刺激量是够的  
  
585  
00:24:10,930 --> 00:24:13,290  
第二点，七门穴你要注意  
  
586  
00:24:13,830 --> 00:24:16,070  
我们说胸背部针刺  
  
587  
00:24:16,510 --> 00:24:17,990  
你可千万别扎深了  
  
588  
00:24:19,070 --> 00:24:20,950  
扎深了之后就容易造成气胸  
  
589  
00:24:22,500 --> 00:24:24,060  
那么这个病人啊  
  
590  
00:24:24,060 --> 00:24:27,380  
发入寒，那你说你刺激量不够还不行对吧  
  
591  
00:24:28,060 --> 00:24:29,220  
哎，你扎深了呢  
  
592  
00:24:29,220 --> 00:24:31,100  
你再扎坏了也不好  
  
593  
00:24:31,510 --> 00:24:32,550  
所以最后呢  
  
594  
00:24:32,550 --> 00:24:35,430  
咱们就想了一个方便的办法，就怎么办  
  
595  
00:24:36,190 --> 00:24:36,790  
三棱针  
  
596  
00:24:37,650 --> 00:24:39,650  
三棱针点刺，点刺之后呢  
  
597  
00:24:40,930 --> 00:24:41,370  
咋办  
  
598  
00:24:42,180 --> 00:24:43,460  
你拔个罐不就完了吗  
  
599  
00:24:43,460 --> 00:24:44,940  
而且可以拔个什么罐啊  
  
600  
00:24:45,420 --> 00:24:48,820  
古人因为他那拔罐都是火罐，对吧  
  
601  
00:24:49,340 --> 00:24:50,140  
火罐呢  
  
602  
00:24:50,980 --> 00:24:52,780  
它是利用那个空气那个原理  
  
603  
00:24:52,780 --> 00:24:54,060  
但是我个人认为啊  
  
604  
00:24:55,370 --> 00:24:57,010  
古人东西有古人的好处  
  
605  
00:24:57,090 --> 00:25:00,290  
现代方法有现代的好处，就是空气罐  
  
606  
00:25:00,730 --> 00:25:02,450  
如果从寒热属性来说  
  
607  
00:25:02,730 --> 00:25:05,850  
我个人认为啊，火罐肯定偏偏热  
  
608  
00:25:05,850 --> 00:25:06,930  
是不是相对啊  
  
609  
00:25:07,450 --> 00:25:10,810  
你空气罐肯定相对偏什么偏凉  
  
610  
00:25:11,290 --> 00:25:12,210  
所以它能泄热  
  
611  
00:25:12,610 --> 00:25:14,010  
你把那空气罐往那儿一扣  
  
612  
00:25:14,050 --> 00:25:16,090  
啪啪啪弄几下  
  
613  
00:25:16,090 --> 00:25:19,580  
诶，血呲出来OK热出来了吧  
  
614  
00:25:20,020 --> 00:25:20,660  
是不是这回事啊  
  
615  
00:25:20,660 --> 00:25:21,940  
那你说有的时候它没热  
  
616  
00:25:21,940 --> 00:25:23,820  
没热之后络脉里头有没有淤啊  
  
617  
00:25:24,370 --> 00:25:25,770  
有淤是不是也拔出来了  
  
618  
00:25:25,930 --> 00:25:26,170  
哎  
  
619  
00:25:26,170 --> 00:25:28,330  
这东西咱就得灵活来啊  
  
620  
00:25:29,920 --> 00:25:31,280  
那么随其舍而取之，好  
  
621  
00:25:31,280 --> 00:25:32,320  
我们接着往下看  
  
622  
00:25:33,830 --> 00:25:39,510  
额后头还有一条也是肉肉血式的一个补充  
  
623  
00:25:39,830 --> 00:25:41,630  
讲了阳明病下血沾雨  
  
624  
00:25:41,670 --> 00:25:42,710  
此为肉如血视  
  
625  
00:25:43,030 --> 00:25:45,470  
但是有一个症什么症叫但头汗出  
  
626  
00:25:46,290 --> 00:25:48,410  
它这个呢，跟第三条其实差不多  
  
627  
00:25:48,410 --> 00:25:50,570  
他只是给你解释了一个单头焊出正  
  
628  
00:25:51,050 --> 00:25:54,250  
至于弹头汗出的原因，其实很简单  
  
629  
00:25:54,730 --> 00:25:55,770  
热在下焦  
  
630  
00:25:55,850 --> 00:25:56,650  
同学们，对吧  
  
631  
00:25:57,210 --> 00:25:59,130  
热蒸于下导致什么呀  
  
632  
00:26:00,020 --> 00:26:02,100  
毕竟是今夜啊  
  
633  
00:26:02,500 --> 00:26:06,500  
那么就上月上达达于上啊  
  
634  
00:26:07,920 --> 00:26:09,560  
其实就是这个关系啊  
  
635  
00:26:10,440 --> 00:26:11,480  
哎，就是这个关系  
  
636  
00:26:14,400 --> 00:26:16,480  
那么在这呢，就给大家说清了  
  
637  
00:26:16,480 --> 00:26:17,400  
遂其时而谢之  
  
638  
00:26:18,160 --> 00:26:21,230  
既然汗出者愈好  
  
639  
00:26:21,230 --> 00:26:22,670  
我们接着往下走啊  
  
640  
00:26:22,870 --> 00:26:24,150  
下一个条特别有意思  
  
641  
00:26:24,150 --> 00:26:26,470  
这个我们临床中啊，老朋友了吧  
  
642  
00:26:27,510 --> 00:26:27,990  
第五条  
  
643  
00:26:28,950 --> 00:26:32,110  
妇人咽中如有致卵，什么汤主治啊  
  
644  
00:26:33,030 --> 00:26:34,150  
半夏厚朴汤啊  
  
645  
00:26:34,190 --> 00:26:38,310  
这是我们多年临床用的一张处方啊  
  
646  
00:26:38,310 --> 00:26:39,110  
老朋友了  
  
647  
00:26:39,900 --> 00:26:41,180  
首先解释一下啊  
  
648  
00:26:41,300 --> 00:26:42,940  
什么叫咽中如有质鸾  
  
649  
00:26:43,900 --> 00:26:47,510  
呃智啊，谓之烧烤的意思啊  
  
650  
00:26:47,510 --> 00:26:49,630  
古人就脍炙人口，脍炙人口吧  
  
651  
00:26:49,630 --> 00:26:50,390  
对吧，哎  
  
652  
00:26:50,430 --> 00:26:53,350  
快指的是刺身炙就是烤烤肉啊  
  
653  
00:26:53,350 --> 00:26:54,510  
说都挺好吃啊  
  
654  
00:26:54,510 --> 00:26:55,510  
就指这意思啊  
  
655  
00:26:56,390 --> 00:26:56,670  
呃  
  
656  
00:26:57,590 --> 00:26:59,510  
治挛就是烤肉  
  
657  
00:27:00,230 --> 00:27:01,790  
嗓子里好像有烤肉  
  
658  
00:27:01,870 --> 00:27:02,950  
这怎么理解啊  
  
659  
00:27:04,130 --> 00:27:04,410  
哎  
  
660  
00:27:04,410 --> 00:27:05,610  
就是堵了  
  
661  
00:27:06,340 --> 00:27:06,540  
呃  
  
662  
00:27:06,740 --> 00:27:10,380  
后世千金呢，对这做了一个补充啊  
  
663  
00:27:10,420 --> 00:27:11,700  
千金方里头有原文  
  
664  
00:27:11,780 --> 00:27:14,860  
所谓胸满心下坚，烟中帖帖  
  
665  
00:27:15,020 --> 00:27:15,900  
如有炙肉  
  
666  
00:27:16,380 --> 00:27:17,180  
吐之不出  
  
667  
00:27:17,380 --> 00:27:18,060  
吞之不下  
  
668  
00:27:18,340 --> 00:27:19,500  
哎，就好像赌一东西  
  
669  
00:27:19,900 --> 00:27:22,710  
我在临床上描述呢，也很简单啊  
  
670  
00:27:22,750 --> 00:27:25,590  
因为现在我们一般吃烤肉不噎嗓子啊  
  
671  
00:27:25,630 --> 00:27:27,700  
所以说，根据实际情况  
  
672  
00:27:27,740 --> 00:27:29,140  
我经常会跟患者说  
  
673  
00:27:29,140 --> 00:27:29,740  
我说，诶  
  
674  
00:27:29,780 --> 00:27:31,060  
你这嗓子里头啊  
  
675  
00:27:31,460 --> 00:27:35,550  
仿佛是堵了一个塞了一个鸡蛋黄  
  
676  
00:27:36,920 --> 00:27:37,440  
明白吧  
  
677  
00:27:37,600 --> 00:27:37,800  
哎  
  
678  
00:27:37,800 --> 00:27:40,640  
这个患者有的时候会有直观的感受  
  
679  
00:27:40,920 --> 00:27:42,080  
那我们说，煮鸡蛋啊  
  
680  
00:27:42,080 --> 00:27:45,270  
他那个黄吧，本身它阻力就比较大  
  
681  
00:27:45,470 --> 00:27:46,310  
弄不好就噎  
  
682  
00:27:46,840 --> 00:27:48,160  
可别大意啊  
  
683  
00:27:48,160 --> 00:27:50,320  
有的时候能能能出事啊  
  
684  
00:27:50,400 --> 00:27:51,560  
整不好噎死人啊  
  
685  
00:27:51,840 --> 00:27:52,800  
这可别大意  
  
686  
00:27:53,210 --> 00:27:55,850  
那么尤其小孩子吃都得注意掰碎了啊  
  
687  
00:27:56,690 --> 00:27:59,530  
这个咽中如有之乱好像堵了  
  
688  
00:27:59,570 --> 00:28:00,850  
那为什么堵了啊  
  
689  
00:28:01,050 --> 00:28:01,810  
为什么堵了  
  
690  
00:28:03,240 --> 00:28:05,080  
呃，其实非常简单啊  
  
691  
00:28:06,530 --> 00:28:07,490  
气郁痰阻吧  
  
692  
00:28:07,490 --> 00:28:08,490  
就这俩事啊  
  
693  
00:28:08,610 --> 00:28:09,610  
这个非常简单  
  
694  
00:28:10,740 --> 00:28:13,140  
他之所以叫妇人咽中如有制乱  
  
695  
00:28:13,180 --> 00:28:13,900  
原因很简单  
  
696  
00:28:13,900 --> 00:28:14,780  
在古代啊  
  
697  
00:28:15,340 --> 00:28:17,180  
这个礼教社会啊  
  
698  
00:28:17,180 --> 00:28:18,780  
我们说有很多人，呃  
  
699  
00:28:19,410 --> 00:28:20,890  
就说说古代封建社会  
  
700  
00:28:20,890 --> 00:28:23,360  
这个东西我们存疑啊  
  
701  
00:28:23,360 --> 00:28:27,040  
从张老师本人的历史观看，封建社会  
  
702  
00:28:27,040 --> 00:28:29,080  
中国封建社会，实际上它很短  
  
703  
00:28:29,640 --> 00:28:34,340  
我们说从周文王对吧分封开始到什么呢  
  
704  
00:28:34,460 --> 00:28:37,060  
汉代七王之乱  
  
705  
00:28:38,490 --> 00:28:39,690  
封建就结束了  
  
706  
00:28:40,410 --> 00:28:44,080  
汉以后它是一个集权制度对吧  
  
707  
00:28:44,160 --> 00:28:46,960  
他跟封建实际上就不沾边儿啊  
  
708  
00:28:47,400 --> 00:28:49,840  
那么但是他是礼教社会  
  
709  
00:28:49,920 --> 00:28:52,200  
所谓礼教社会，它是以男权为主对吧  
  
710  
00:28:52,920 --> 00:28:53,200  
呃  
  
711  
00:28:54,030 --> 00:28:55,470  
当然我们说古代呢  
  
712  
00:28:55,470 --> 00:28:58,190  
妇女这个自由意识度啊  
  
713  
00:28:58,230 --> 00:29:02,060  
她也一度的达到一个非常好的状态  
  
714  
00:29:02,060 --> 00:29:03,260  
比如说古代的盛唐  
  
715  
00:29:03,950 --> 00:29:05,550  
呃，北宋南宋对吧  
  
716  
00:29:05,550 --> 00:29:06,830  
但是昙花一现啊  
  
717  
00:29:06,830 --> 00:29:09,320  
就是属于大多数时候，呃  
  
718  
00:29:09,360 --> 00:29:11,440  
都是男权为主啊  
  
719  
00:29:11,560 --> 00:29:15,240  
甚至到清代呃明以后吧，愈演愈烈啊  
  
720  
00:29:15,240 --> 00:29:16,320  
到清代的时候  
  
721  
00:29:16,600 --> 00:29:18,080  
呃，大门不出二门不迈  
  
722  
00:29:18,680 --> 00:29:18,960  
呃  
  
723  
00:29:19,580 --> 00:29:20,500  
相对来说吧  
  
724  
00:29:20,500 --> 00:29:21,980  
那在社会的角色上  
  
725  
00:29:22,380 --> 00:29:26,380  
他处于一个呃不是那么自由的状态啊  
  
726  
00:29:26,380 --> 00:29:27,380  
在古代的时候  
  
727  
00:29:27,880 --> 00:29:31,950  
所以就出现了一种现象  
  
728  
00:29:32,310 --> 00:29:34,030  
叫妇人严重弱智了  
  
729  
00:29:34,030 --> 00:29:36,630  
你女人得的多，为什么她老在家  
  
730  
00:29:36,670 --> 00:29:41,240  
她不主要作为家里生产力和劳动的主力  
  
731  
00:29:41,800 --> 00:29:44,480  
他多数是居家男主外女主内嘛  
  
732  
00:29:44,720 --> 00:29:45,680  
你老在家待着  
  
733  
00:29:45,680 --> 00:29:47,280  
他时间长，他容易憋屈  
  
734  
00:29:47,600 --> 00:29:49,160  
咱说这么简单，呃  
  
735  
00:29:49,400 --> 00:29:53,360  
所以这个东西现在要辩证的看，我跟你说句实话  
  
736  
00:29:53,480 --> 00:29:54,920  
现在没法记啊  
  
737  
00:29:55,900 --> 00:29:58,580  
咱别说一半一半难的多  
  
738  
00:29:59,250 --> 00:30:01,250  
你信不信就我看见的啊  
  
739  
00:30:01,250 --> 00:30:02,210  
就是临床，真的啊  
  
740  
00:30:02,650 --> 00:30:05,970  
就是我这女的，她几乎都现在看不着啊  
  
741  
00:30:05,970 --> 00:30:08,050  
你看心情都很好很多啊  
  
742  
00:30:08,530 --> 00:30:10,690  
有的时候那个尤其东北啊  
  
743  
00:30:10,690 --> 00:30:13,970  
我们东北这个神奇的土地就是，呃  
  
744  
00:30:14,580 --> 00:30:17,220  
就是常常是男子咽中如有之卵啊  
  
745  
00:30:17,220 --> 00:30:19,740  
东北男人就是就这个特点啊  
  
746  
00:30:19,740 --> 00:30:21,020  
在外头你看都是  
  
747  
00:30:21,740 --> 00:30:23,140  
哎，咱说白了  
  
748  
00:30:24,800 --> 00:30:25,920  
呃，怎么形容一下  
  
749  
00:30:25,920 --> 00:30:27,040  
反正是呃  
  
750  
00:30:27,040 --> 00:30:29,310  
比较比较阳刚，对吧  
  
751  
00:30:29,350 --> 00:30:29,550  
男  
  
752  
00:30:29,630 --> 00:30:31,070  
东北男人在外头比较阳刚，哎  
  
753  
00:30:31,070 --> 00:30:34,030  
回家之后就立马就小绵羊一样了啊  
  
754  
00:30:34,030 --> 00:30:34,780  
就，哎  
  
755  
00:30:34,780 --> 00:30:36,540  
上得了厨房下得了厅堂啊  
  
756  
00:30:36,540 --> 00:30:38,140  
就说这事儿，呃  
  
757  
00:30:38,260 --> 00:30:42,130  
那么真的就是我上周在门诊还看到一个患者  
  
758  
00:30:42,130 --> 00:30:43,290  
我不知道你们印象深不深，诶  
  
759  
00:30:43,290 --> 00:30:43,930  
我一大麦，哎  
  
760  
00:30:43,930 --> 00:30:45,250  
我说你这嗓子堵啊  
  
761  
00:30:45,670 --> 00:30:47,150  
哎，我说你你别打扰我啊  
  
762  
00:30:47,150 --> 00:30:49,350  
我说这个病我好久没看着了哈  
  
763  
00:30:49,710 --> 00:30:52,270  
我门诊现在少啊，没法记诶  
  
764  
00:30:52,730 --> 00:30:54,210  
我说我当时就跟他们讲  
  
765  
00:30:54,210 --> 00:30:56,530  
我说现在都是男子严重如有之卵啊  
  
766  
00:30:56,970 --> 00:30:57,930  
对，东北是这样  
  
767  
00:30:57,930 --> 00:30:58,970  
别的地方不知道啊  
  
768  
00:30:59,880 --> 00:31:01,160  
那么为什么啊  
  
769  
00:31:01,240 --> 00:31:05,600  
首先给你讲下为什么第一要区分一个烫证  
  
770  
00:31:07,540 --> 00:31:10,540  
我还给你们讲过那个小青龙汤记得吧  
  
771  
00:31:10,780 --> 00:31:11,380  
加减法  
  
772  
00:31:12,760 --> 00:31:15,000  
哎，很好或什么耶吧  
  
773  
00:31:15,720 --> 00:31:18,400  
很多人把或耶者跟梅核气整混了  
  
774  
00:31:19,690 --> 00:31:23,420  
碰着心阳虚的人就当成梅核气玩命  
  
775  
00:31:23,420 --> 00:31:25,180  
用八角火补汤不行知道吗  
  
776  
00:31:25,780 --> 00:31:27,140  
你看看是不是心阳虚  
  
777  
00:31:27,180 --> 00:31:27,940  
如果是的话  
  
778  
00:31:28,500 --> 00:31:32,480  
父子类方去加减，不一定非用小青龙加附子  
  
779  
00:31:32,680 --> 00:31:34,880  
我就说这事儿心阳虚对吧  
  
780  
00:31:34,880 --> 00:31:36,870  
那你用乌梅丸，你用啥  
  
781  
00:31:36,870 --> 00:31:40,470  
只要是你能把那个信仰给他补上来OK没问题解决了啊  
  
782  
00:31:41,570 --> 00:31:42,690  
要首先澄清一下  
  
783  
00:31:43,010 --> 00:31:46,250  
那么这个就是为什么富人验证若有治乱古人啊  
  
784  
00:31:46,290 --> 00:31:49,790  
有很多医学医一家对他都分别做了解释  
  
785  
00:31:49,790 --> 00:31:51,150  
比如说有有些人认为啊  
  
786  
00:31:51,150 --> 00:31:52,470  
就少阴之脉起于涌泉  
  
787  
00:31:52,470 --> 00:31:53,510  
而且于连泉对吧  
  
788  
00:31:53,790 --> 00:31:56,750  
所以他一定是跟那个足少阴跟肾有关  
  
789  
00:31:57,140 --> 00:31:57,340  
呃  
  
790  
00:31:57,660 --> 00:31:59,060  
那么包括伤寒论里头  
  
791  
00:31:59,340 --> 00:32:01,420  
我们说咽痛四症是归内经啊  
  
792  
00:32:01,760 --> 00:32:02,360  
归少阴经  
  
793  
00:32:02,360 --> 00:32:03,920  
但在这我一定要澄清一下  
  
794  
00:32:03,920 --> 00:32:05,400  
你不能从这个角度去考虑啊  
  
795  
00:32:05,760 --> 00:32:07,560  
你从这个角度考虑，你就跑偏了  
  
796  
00:32:07,990 --> 00:32:09,430  
你从肾上去考虑  
  
797  
00:32:09,750 --> 00:32:11,230  
那你为啥不用桔梗汤啊  
  
798  
00:32:11,270 --> 00:32:12,430  
我们用猪肺汤多好  
  
799  
00:32:12,430 --> 00:32:14,150  
你为啥非要用白糖厚珀呀  
  
800  
00:32:14,600 --> 00:32:15,880  
咱们要尊重事实啊  
  
801  
00:32:15,880 --> 00:32:19,320  
我给你讲讲这个理论，给你捋明白啊  
  
802  
00:32:20,350 --> 00:32:22,230  
你就通了，这个病呢  
  
803  
00:32:22,830 --> 00:32:25,990  
我们就是所谓的这个半夏厚朴汤症  
  
804  
00:32:26,590 --> 00:32:28,590  
古人也称为梅核气  
  
805  
00:32:29,210 --> 00:32:32,090  
梅核气之说最早起于哪儿啊  
  
806  
00:32:32,570 --> 00:32:37,290  
实际上是始建于北宋一家诸公有一部书叫南阳活人书  
  
807  
00:32:38,040 --> 00:32:41,810  
你看看内部书里他最早有梅和纪这个词儿，呃  
  
808  
00:32:41,930 --> 00:32:44,610  
但是这个病本身的记载啊  
  
809  
00:32:44,930 --> 00:32:48,280  
实际上我们还要追溯到黄帝内经啊  
  
810  
00:32:48,360 --> 00:32:51,880  
素问阴阳应象大论篇中间他不是说这病啊  
  
811  
00:32:51,880 --> 00:32:52,880  
我是讲这道理  
  
812  
00:32:53,200 --> 00:32:55,950  
中间有有一段话，大家都很熟悉  
  
813  
00:32:56,310 --> 00:33:00,510  
所谓清阳上天浊阴归地啊  
  
814  
00:33:00,860 --> 00:33:03,300  
那么他就给你说天和地的概念  
  
815  
00:33:03,660 --> 00:33:08,390  
那么上配天仰头，下象地养足中傍人士一样  
  
816  
00:33:08,390 --> 00:33:09,500  
什么五脏  
  
817  
00:33:09,540 --> 00:33:10,900  
这个大家张口就来，对吧  
  
818  
00:33:11,140 --> 00:33:11,300  
哎  
  
819  
00:33:11,300 --> 00:33:13,020  
都熟悉的很，中磅人士一样  
  
820  
00:33:13,020 --> 00:33:14,980  
五脏后头还有一段论述  
  
821  
00:33:15,020 --> 00:33:16,860  
跟这个就能够相关联啊  
  
822  
00:33:16,860 --> 00:33:17,860  
在这个背景之下  
  
823  
00:33:19,150 --> 00:33:22,290  
事故天气通于哪啊  
  
824  
00:33:22,970 --> 00:33:25,050  
同于肺，地气通于什么  
  
825  
00:33:25,450 --> 00:33:26,250  
地气同于爱  
  
826  
00:33:26,250 --> 00:33:27,050  
爱是哪  
  
827  
00:33:27,960 --> 00:33:28,480  
就这  
  
828  
00:33:28,680 --> 00:33:32,120  
当然人家后头还有一系列的啊论述  
  
829  
00:33:32,280 --> 00:33:33,800  
比如说这个风气通于肝  
  
830  
00:33:33,800 --> 00:33:35,620  
雷气通于心啊  
  
831  
00:33:36,020 --> 00:33:36,980  
骨气通于脾  
  
832  
00:33:37,580 --> 00:33:38,940  
雨气通于肾  
  
833  
00:33:39,860 --> 00:33:40,500  
这是原文  
  
834  
00:33:41,800 --> 00:33:43,920  
地气通于艾艾者  
  
835  
00:33:44,040 --> 00:33:46,880  
原意就是关键的地方  
  
836  
00:33:47,680 --> 00:33:48,520  
关爱对吧  
  
837  
00:33:48,520 --> 00:33:49,680  
就是关键的地方  
  
838  
00:33:49,870 --> 00:33:52,710  
但是人身上最关键的地方就是咽喉是吗  
  
839  
00:33:53,110 --> 00:33:53,270  
哎  
  
840  
00:33:53,270 --> 00:33:54,150  
包括动物也是  
  
841  
00:33:54,230 --> 00:33:55,390  
你看那个呃  
  
842  
00:33:55,430 --> 00:33:55,910  
老虎  
  
843  
00:33:56,280 --> 00:33:58,560  
他吃这个吃吃羊，对吧  
  
844  
00:33:58,560 --> 00:34:00,640  
他都是第一口都得奔脖子啊  
  
845  
00:34:00,840 --> 00:34:02,400  
奔着咽喉，哎  
  
846  
00:34:02,440 --> 00:34:03,840  
这个就是核心位置  
  
847  
00:34:04,900 --> 00:34:08,290  
那么是什么造成了地气通于爱  
  
848  
00:34:08,290 --> 00:34:09,449  
这地气怎么了啊  
  
849  
00:34:09,449 --> 00:34:10,610  
我们首先要理解这个事  
  
850  
00:34:10,610 --> 00:34:12,650  
他不是肾足少于肾经啊  
  
851  
00:34:12,730 --> 00:34:14,010  
它不是某条经的事啊  
  
852  
00:34:14,010 --> 00:34:15,170  
你千万不要那么理解  
  
853  
00:34:16,639 --> 00:34:18,120  
也不是少阳枢机的事啊  
  
854  
00:34:18,120 --> 00:34:19,880  
口苦咽干目眩跟那个没关系  
  
855  
00:34:20,239 --> 00:34:22,840  
那么它就是跟地气有关  
  
856  
00:34:22,840 --> 00:34:25,280  
地气怎么了啊  
  
857  
00:34:25,600 --> 00:34:26,920  
我引了一句话啊  
  
858  
00:34:28,040 --> 00:34:28,960  
朱光贝先生  
  
859  
00:34:28,960 --> 00:34:33,360  
他讲韩商经络，凝坚在上  
  
860  
00:34:34,260 --> 00:34:34,460  
哎  
  
861  
00:34:34,620 --> 00:34:35,380  
被寒所伤  
  
862  
00:34:35,900 --> 00:34:37,500  
寒伤了经经络啊  
  
863  
00:34:37,940 --> 00:34:38,580  
造成什么  
  
864  
00:34:38,580 --> 00:34:40,360  
凝凝坚，对吧  
  
865  
00:34:40,760 --> 00:34:40,960  
唉  
  
866  
00:34:40,960 --> 00:34:45,040  
凝结坚硬的坚啊，凝坚在上拧到哪儿了  
  
867  
00:34:46,080 --> 00:34:49,030  
唉，爱就是所谓地气通于艾  
  
868  
00:34:50,389 --> 00:34:53,030  
被寒给裹上给堵那儿了  
  
869  
00:34:54,530 --> 00:34:55,690  
当然这个地气啊  
  
870  
00:34:55,690 --> 00:34:57,210  
我们说天为清阳之气  
  
871  
00:34:57,370 --> 00:34:59,530  
地呢相对来说为浊阴之气对吧  
  
872  
00:35:00,050 --> 00:35:01,490  
浊阴堵到那了  
  
873  
00:35:02,220 --> 00:35:04,260  
那你想想哪些东西是跟主人有关啊  
  
874  
00:35:04,260 --> 00:35:04,860  
比如痰  
  
875  
00:35:06,180 --> 00:35:06,540  
对吧  
  
876  
00:35:06,580 --> 00:35:07,180  
比如湿  
  
877  
00:35:08,220 --> 00:35:08,820  
比如寒  
  
878  
00:35:09,700 --> 00:35:11,460  
那这个方子不就出来了吗  
  
879  
00:35:14,140 --> 00:35:16,140  
来路既明，去路不远啊  
  
880  
00:35:16,220 --> 00:35:17,640  
我们师门啊  
  
881  
00:35:17,720 --> 00:35:19,320  
总是在讲来龙去脉  
  
882  
00:35:19,320 --> 00:35:20,560  
来龙去脉什么概念  
  
883  
00:35:20,560 --> 00:35:24,440  
同学们，就你把这事的道理你明白了之后用啥方  
  
884  
00:35:25,060 --> 00:35:26,340  
其实你可以灵活的  
  
885  
00:35:26,660 --> 00:35:28,820  
那你说没有半夏我用白芥子行不行啊  
  
886  
00:35:28,820 --> 00:35:29,940  
咱就说这个道理啊  
  
887  
00:35:30,460 --> 00:35:32,580  
就是很多时候你可以可以变化  
  
888  
00:35:34,460 --> 00:35:36,140  
那么关于他的治疗啊  
  
889  
00:35:36,940 --> 00:35:37,220  
呃  
  
890  
00:35:38,560 --> 00:35:40,080  
给大家一条主线吧  
  
891  
00:35:40,840 --> 00:35:42,480  
元代还是赵翼德先生  
  
892  
00:35:42,480 --> 00:35:43,640  
他讲的就比较简单  
  
893  
00:35:44,280 --> 00:35:47,610  
就说六个字叫散瘀郁  
  
894  
00:35:47,690 --> 00:35:49,050  
就是那个杨玉的玉啊  
  
895  
00:35:49,370 --> 00:35:50,650  
散瘀化痰而已  
  
896  
00:35:52,720 --> 00:35:55,360  
其实你要简单说就这么简单，对吧  
  
897  
00:35:55,560 --> 00:35:58,080  
那你看里头后破是不是能开气淤啊  
  
898  
00:35:58,740 --> 00:36:00,660  
哎，半夏茯苓是不是化痰啊  
  
899  
00:36:01,340 --> 00:36:03,740  
他是不是就是有阳气  
  
900  
00:36:04,220 --> 00:36:05,660  
那个其实是地气啊  
  
901  
00:36:06,490 --> 00:36:07,450  
浊阴归地对吧  
  
902  
00:36:07,650 --> 00:36:09,970  
地气那个浊阴之气被什么堵上了  
  
903  
00:36:09,970 --> 00:36:11,330  
被那个寒凝对不对  
  
904  
00:36:11,570 --> 00:36:12,210  
堵到哪了  
  
905  
00:36:12,210 --> 00:36:15,010  
堵到地气通于爱，堵到嗓子了  
  
906  
00:36:16,250 --> 00:36:18,690  
那么所以你一个是三欲一个是化痰，完事了  
  
907  
00:36:19,770 --> 00:36:19,970  
嗯  
  
908  
00:36:20,090 --> 00:36:21,890  
但这么说吧，还不够细致啊  
  
909  
00:36:22,510 --> 00:36:22,710  
呃  
  
910  
00:36:22,750 --> 00:36:25,390  
朱光贝先生，他论述的由经我个人认为啊  
  
911  
00:36:25,390 --> 00:36:28,950  
他讲这么一句话叫半夏降逆后破开结  
  
912  
00:36:30,640 --> 00:36:32,040  
一个降逆一个开结，对吧  
  
913  
00:36:32,520 --> 00:36:35,800  
然后后头有两味药啊，有点意思  
  
914  
00:36:36,240 --> 00:36:38,600  
生姜温气分紫苏温血粉  
  
915  
00:36:39,690 --> 00:36:42,930  
呃，金贵历代医家呀注释  
  
916  
00:36:43,870 --> 00:36:47,070  
我个人从情感上来说有那么几位宜家  
  
917  
00:36:47,070 --> 00:36:50,910  
是我非常非常就是非常崇敬啊  
  
918  
00:36:50,910 --> 00:36:52,270  
非常呃  
  
919  
00:36:52,960 --> 00:36:55,680  
从内在哎，去靠近他的  
  
920  
00:36:55,720 --> 00:36:57,320  
比如说朱光贝先生  
  
921  
00:37:00,760 --> 00:37:01,280  
为什么  
  
922  
00:37:01,720 --> 00:37:02,440  
这东西啊  
  
923  
00:37:02,480 --> 00:37:05,320  
无论是你从他的道理，他能说服你  
  
924  
00:37:05,320 --> 00:37:08,450  
二、从临证上太对路了  
  
925  
00:37:08,450 --> 00:37:09,930  
这林正的味儿，太对了  
  
926  
00:37:09,930 --> 00:37:12,310  
你看，就这一句话啊  
  
927  
00:37:12,350 --> 00:37:16,870  
真的，我多年的临床的东西就是在这里头一眼就能看出来啊  
  
928  
00:37:17,400 --> 00:37:18,080  
一模一样  
  
929  
00:37:18,280 --> 00:37:20,600  
人这是真正临床，不是拍脑门来的啊  
  
930  
00:37:21,160 --> 00:37:23,760  
生姜温气氛这个不用多说了，对吧  
  
931  
00:37:24,850 --> 00:37:27,890  
紫苏温血分这个非常有意思  
  
932  
00:37:28,920 --> 00:37:29,600  
苏叶啊  
  
933  
00:37:29,640 --> 00:37:31,800  
本身我们说它色赤对吧  
  
934  
00:37:32,120 --> 00:37:33,240  
尤其最好的苏叶  
  
935  
00:37:33,240 --> 00:37:36,200  
我们东北就有那个紫苏叫紫贝，对吧  
  
936  
00:37:36,440 --> 00:37:37,720  
紫背水为什么叫紫苏  
  
937  
00:37:37,720 --> 00:37:40,520  
紫苏紫色紫紫则能入血  
  
938  
00:37:41,600 --> 00:37:44,840  
气味芳香，而性温那么善温血问  
  
939  
00:37:45,240 --> 00:37:46,520  
因此大家注意一个问题  
  
940  
00:37:46,520 --> 00:37:49,160  
他既然温血问，你就一定要明白一个事  
  
941  
00:37:50,210 --> 00:37:51,210  
什么时候慎用  
  
942  
00:37:54,190 --> 00:37:54,710  
啊，不不  
  
943  
00:37:54,710 --> 00:37:57,190  
那热症不能用，那那肯定不能  
  
944  
00:37:57,270 --> 00:37:58,590  
那你热证你还能用  
  
945  
00:37:58,840 --> 00:38:01,840  
呃也不不绝对啊，不绝对看你用法啊  
  
946  
00:38:02,120 --> 00:38:06,400  
我指的是不是从寒热邪气那个角度什么时候要慎重  
  
947  
00:38:07,090 --> 00:38:07,690  
哎，很好  
  
948  
00:38:08,250 --> 00:38:11,690  
你比如说看这人脉，左关毒腺对吧  
  
949  
00:38:11,690 --> 00:38:13,010  
左关脉他整个就是微弱  
  
950  
00:38:13,010 --> 00:38:16,210  
但是毒腺他不是说麦在里  
  
951  
00:38:16,210 --> 00:38:18,610  
而且有有有热那种啊  
  
952  
00:38:19,090 --> 00:38:21,370  
我们说呃  
  
953  
00:38:23,940 --> 00:38:27,220  
他那个脉很微弱，血特别虚  
  
954  
00:38:27,800 --> 00:38:31,160  
这个时候你用苏叶用大了它就伤血伤肝  
  
955  
00:38:31,640 --> 00:38:32,360  
这明白了吧  
  
956  
00:38:32,600 --> 00:38:34,280  
因为不是说药不好  
  
957  
00:38:34,880 --> 00:38:36,480  
因为他是干啥的呀  
  
958  
00:38:36,920 --> 00:38:37,840  
他是伤血的  
  
959  
00:38:38,440 --> 00:38:42,170  
药本无过人自物之哦  
  
960  
00:38:43,450 --> 00:38:44,290  
药没毛病  
  
961  
00:38:44,970 --> 00:38:46,850  
咱们用的不是时候  
  
962  
00:38:46,890 --> 00:38:49,130  
不是地方他就出毛病  
  
963  
00:38:51,760 --> 00:38:53,960  
然后茯苓分清浊，看见了吧  
  
964  
00:38:54,480 --> 00:38:54,680  
哎  
  
965  
00:38:54,760 --> 00:38:56,760  
半夏降逆后破开结  
  
966  
00:38:57,360 --> 00:39:00,340  
生姜温气分紫苏温血分  
  
967  
00:39:00,860 --> 00:39:01,980  
茯苓分清浊  
  
968  
00:39:02,020 --> 00:39:04,130  
完事，清阳归天  
  
969  
00:39:04,370 --> 00:39:05,410  
浊阴归地  
  
970  
00:39:05,810 --> 00:39:06,490  
看见了没有  
  
971  
00:39:06,970 --> 00:39:07,170  
哎  
  
972  
00:39:07,210 --> 00:39:08,410  
清阳上天，浊阴归地  
  
973  
00:39:08,410 --> 00:39:09,770  
所以半夏厚补汤是个啥方  
  
974  
00:39:09,770 --> 00:39:10,690  
是个这么个方  
  
975  
00:39:11,220 --> 00:39:13,940  
所以非得咽中有致卵才能用吗  
  
976  
00:39:15,370 --> 00:39:16,890  
我们把它打开对吧  
  
977  
00:39:17,330 --> 00:39:18,650  
那么你发现不一定  
  
978  
00:39:19,130 --> 00:39:21,610  
你看见麦里有浊音  
  
979  
00:39:23,040 --> 00:39:26,320  
支气内阻阻经脉  
  
980  
00:39:28,300 --> 00:39:32,220  
只要是有浊阴之气阻，经脉偏于上者  
  
981  
00:39:32,740 --> 00:39:34,580  
那么浊阴需要跪地吧  
  
982  
00:39:35,140 --> 00:39:37,020  
浊音要归地，你咋让它归啊  
  
983  
00:39:37,780 --> 00:39:40,100  
半夏是不是往下降的呀  
  
984  
00:39:40,670 --> 00:39:44,710  
Hope是不是也是有有这个开节的时候也有下降的作用啊  
  
985  
00:39:45,550 --> 00:39:45,830  
哎  
  
986  
00:39:46,680 --> 00:39:47,960  
温气的温血的  
  
987  
00:39:48,320 --> 00:39:52,040  
那你说老师说这个那个有热咋办  
  
988  
00:39:52,570 --> 00:39:57,050  
你把这些药都换成凉的同类的药不就结束了吗  
  
989  
00:39:57,530 --> 00:39:58,410  
是不是这回事啊  
  
990  
00:39:59,050 --> 00:39:59,450  
哎  
  
991  
00:40:00,740 --> 00:40:03,460  
然后茯苓分清浊，一个上天一个跪地  
  
992  
00:40:03,980 --> 00:40:05,260  
用我们现在流行的话说  
  
993  
00:40:05,620 --> 00:40:07,180  
各回各家，各找各妈  
  
994  
00:40:07,640 --> 00:40:08,240  
完活了吧  
  
995  
00:40:08,800 --> 00:40:09,960  
世界上本无病  
  
996  
00:40:10,560 --> 00:40:13,200  
只有走错门的气血，哈哈  
  
997  
00:40:13,990 --> 00:40:15,070  
是不是这么回事啊  
  
998  
00:40:15,750 --> 00:40:17,430  
哎嘿，没有邪气啊  
  
999  
00:40:17,430 --> 00:40:19,610  
只有走错地方的正气，哎  
  
1000  
00:40:19,610 --> 00:40:22,050  
在你这你看是学习，你想整死人家  
  
1001  
00:40:22,370 --> 00:40:24,210  
在人家家也是宝贝知道吗  
  
1002  
00:40:24,690 --> 00:40:26,130  
哎，在人家也是宝贝儿  
  
1003  
00:40:26,570 --> 00:40:29,170  
互相放一把吧是吧  
  
1004  
00:40:29,290 --> 00:40:29,570  
哎  
  
1005  
00:40:29,570 --> 00:40:33,290  
互相这个咱们叫怎么怎么讲，叫互相放手吧  
  
1006  
00:40:33,710 --> 00:40:35,430  
就是那话我想不起来了啊  
  
1007  
00:40:35,430 --> 00:40:37,550  
总之是那意思就是你别别较劲了  
  
1008  
00:40:37,710 --> 00:40:38,990  
跟普化汤一个道理  
  
1009  
00:40:39,310 --> 00:40:39,590  
哎  
  
1010  
00:40:39,920 --> 00:40:45,200  
这个正邪之间的打开方式不只有扶正驱邪  
  
1011  
00:40:45,900 --> 00:40:46,580  
除恶勿尽  
  
1012  
00:40:46,740 --> 00:40:47,740  
不时有这个  
  
1013  
00:40:47,980 --> 00:40:50,740  
还有一种就是其实我们就走错门了  
  
1014  
00:40:51,180 --> 00:40:53,100  
没必要你死我活，是不是这个道理啊  
  
1015  
00:40:53,220 --> 00:40:53,500  
哎  
  
1016  
00:40:55,830 --> 00:40:58,870  
呃，那关于他的治疗临床上就很多了  
  
1017  
00:40:59,190 --> 00:41:02,070  
我并不善于给大家讲呃  
  
1018  
00:41:02,830 --> 00:41:06,230  
某一种病，你就黑住这个房子往死用  
  
1019  
00:41:06,720 --> 00:41:08,040  
这个不是我讲课的风格  
  
1020  
00:41:08,040 --> 00:41:09,400  
我是给你讲一个道理啊  
  
1021  
00:41:09,480 --> 00:41:10,360  
所以有的时候呢  
  
1022  
00:41:10,640 --> 00:41:15,000  
可能不一定能让所有的同学都能够得到你想要的东西  
  
1023  
00:41:15,500 --> 00:41:16,700  
呃，但是呢  
  
1024  
00:41:17,460 --> 00:41:18,220  
相对来说吧  
  
1025  
00:41:18,220 --> 00:41:20,140  
我就是这么理解，也是这么用的  
  
1026  
00:41:20,140 --> 00:41:21,500  
就给大家这么讲了啊  
  
1027  
00:41:22,220 --> 00:41:24,020  
好，接着往下看诶  
  
1028  
00:41:24,140 --> 00:41:26,060  
第六条特别有意思啊  
  
1029  
00:41:27,570 --> 00:41:29,930  
所谓这个妇人丧造  
  
1030  
00:41:32,680 --> 00:41:34,320  
这个条特别有意思  
  
1031  
00:41:40,340 --> 00:41:41,220  
甘麦大枣汤  
  
1032  
00:41:47,460 --> 00:41:48,820  
第六条富人葬造  
  
1033  
00:41:52,280 --> 00:41:53,720  
首先藏灶啥意思  
  
1034  
00:41:56,920 --> 00:41:58,040  
藏灶是啥意思  
  
1035  
00:42:01,140 --> 00:42:02,420  
你看这一下啊  
  
1036  
00:42:02,620 --> 00:42:05,180  
就很多人就发懵了是吧  
  
1037  
00:42:05,980 --> 00:42:07,380  
哎，他是哪个藏  
  
1038  
00:42:09,470 --> 00:42:11,710  
肝心脾肺肾谁是吧  
  
1039  
00:42:12,240 --> 00:42:14,200  
你们先思考思考  
  
1040  
00:42:14,480 --> 00:42:16,200  
我们先下课休息10分钟  
  
1041  
00:42:16,280 --> 00:42:19,280  
然后咱接着揭晓答案啊